

Prepare to discuss symptoms of agitation that may happen with dementia due to Alzheimer's disease.

It's important to let your loved one's doctor know about all symptoms that you've observed.

Check off any symptoms that apply.



Excessive Physical Activity

- Pacing/rocking
- Jumpiness
- Inappropriate social behavior/pointing
- Irritability
- Shakiness
- Repetitive mannerisms
- Wandering
- Restlessness
- Hoarding



Verbal Aggression

- Screaming
- Complaining
- Constant requests for attention
- Being negative
- Emotional outbursts
- Strange noises (unwarranted laughter, crying)
- Inappropriate language (e.g., cursing or sexual advances)
- Repetitive questions and sentences



Physical Aggression

- Biting
- Hitting self and/or others
- Kicking
- Hurting self and/or others
- Other inappropriate physical behaviors (e.g., sexual advances, spitting, scratching, slamming doors)
- Destroying things
- Throwing things
- Resisting help

Have your loved one's symptoms been severe enough that they've:

- Impacted their relationship with you or others around them? Yes No
- Caused difficulties with daily activities like getting dressed, bathing, or eating? Yes No
- Put a strain on your ability to care for them? Yes No

Use this space to write down any details of your loved one's agitation symptoms.

The more detailed you can be, the better.

When did it occur?

Where did it occur?

What did they say or do?

How did you respond?

How often does this happen?

